

## Strosion Launches Workplace Program To Increase Employee Productivity and Overall Well-Being

*The Vsique™ offers ideal physical activity solution to make the workplace healthier and more productive*

**CARY, NC, January 27, 2022** - Strosion announces the availability of The Vsique Workplace Push-Ups Case Study Program - a push-ups-based exercise program designed specifically to allow employers the ability to provide employees, regardless of office space or fitness level, with a convenient, collaborative and consistent exercise plan. Focusing on 5-10 minutes within the scheduled breaks throughout the workday, and utilizing The Vsique Push-Ups Trainer, the Workplace Program will help employees achieve medically proven physical and mental health benefits from exercise, and specifically, from performing push-ups. Strosion encourages organizations of 100 or more employees to apply for The Vsique Workplace Push-Ups Program for a chance to be selected as the first workplace to feature this innovative and revolutionary fitness program.

The Vsique allows employees to workout during their work hours in the office, home or when on the road. These patent-pending grips are perfect for performing modified push-ups while standing without placing hands or knees on the floor. The Vsique's lightweight (20 oz.) small form factor makes it the perfect Push-Ups trainer to take anywhere to maintain your exercise, anytime and everyday. There are no other devices on the market that allow users to easily and comfortably perform elevated push-ups "standing up", regardless of their attire.

Studies have shown that providing employees with exercise opportunities throughout the work day, namely pushups, provide added overall health benefits such as: Heart Health, Stress Relief, Energy Boost, Productivity, Weight Management, Disease Prevention, Improved Immune System, and Social Connections.

"One of the major issues facing many organizations today is the lack of an effective, easy, and convenient exercise option for employees. Lack of facilities, work schedule, pandemic, and travel make it even more of a burden," states Nizar Azzam, Strosion Founder and Inventor of The Vsique. "The convenience of the Vsique promises to solve many of these issues, and gives you no excuse not to make Push-Ups a part of your daily routine. And more importantly, the additional mental health benefits are too important to ignore. I believe with the right community support we could make the workplace healthier."

Click here to learn more and apply: <https://www.thevsique.com/workplace-program> . Application closes Monday, Feb. 28, 2022.

### **About Strosion, LLC.**

Incorporated in 2021, Strosion aims to introduce solutions targeting home, health, and fitness markets. Utilizing our in-house resources and experts with over 30 years of experience, we continuously evaluate licensing opportunities and partnerships with manufacturers, resellers and private label opportunities. Strosion has made significant investment in establishing in-house digital marketing, IP portfolio, and a rapid product development and prototyping facility.

### **Related links for more information and press inquiries:**

<http://www.thevsique.com>

<http://www.strosion.net>  
[The Vsique YouTube Channel](#)

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