

Be Better Than Your Competitors With



The #1 All-In-One
Corporate Wellness
Platform used by
1,000's of the world's
leading organizations

Wellness. Go further faster.

CoreHealth helps you innovate faster and accelerate your time to market with a fully integrated corporate wellness platform that supports as many organizations, employees and activities as you need.

Why Wellness Providers Love CoreHealth

Organizations Work With CoreHealth Because

- We don't compete with our customers! CoreHealth is a wellness technology provider only.
- We are the #1 platform used by 2 million employees worldwide.
- The CoreHealth Wellness Network gives customers access to over 140 unique wellness innovations, providers and tools through the platform.

Platform Highlights

- **All-in-One Wellness Solution** – assessments, biometric management, education, coaching, challenges, incentives, surveys, social communication and more. Implement your complete wellness strategy – your way.
- **Configurable, flexible and easy to administer** – tailor portals with custom branding and programs - no onsite programmer required.
- **Innovative** – cutting-edge technology helps wellness providers create and deliver unique programs and lead the wellness revolution.
- **Fast Implementation** – simply create and forget the wait.
- **Multi-location** – portals for one or multiple locations – no limits.
- **Multi-lingual** – English, French, Spanish, Chinese, Hebrew and beyond.
- **Cost effective** – no expensive infrastructure with an affordable license fee.
- **Flexible** – integrates with third-party devices, apps and wellness solutions.
- **Secure and Private** – gain privacy and security practices that satisfy even the toughest standards - around the world.
- **Reputable and reliable** – supports all types and sizes of businesses from small to medium-sized businesses to Fortune 500 global companies.
- **Mobile** – responsive designs enable viewing access from any device.
- **Easy to use** – users love that it's intuitive and fun!
- **Supported by a team of customer support ninjas** – knowledgeable, responsive and fanatically solution-focused.
- **Reportable** – all platform data is easily reported/exported for further analysis.

“CoreHealth has enabled us to stay ahead of the market. We had a vision to provide analytics-driven health solutions so we looked carefully at all the options -- including building it ourselves -- and CoreHealth was the only technology solution that checked all the boxes. We've never looked back.”

- Michael Rosenfeld,
President
WellNow

CoreHealth Helps You

GO FAST

CoreHealth is the only integrated solution that supports as many organizations, employees and activities as you need.

We provide the platform and help you get up and running fast, and manage it yourself to go as quickly as you want. No limits.

GO WIDE

CoreHealth's Wellness Network gives you access to over 140 unique, best-in-class wellness innovations.

Mix and match from a library of content and components – or put your ideas in motion with seamless integration to devices, apps and services.

GO DEEP

We help clients dig deep. Develop new, unique programs and push the barriers of wellness while digging into the data to get results.

We go deep too -- to protect the security, privacy and integrity of your information and ideas.

CoreHealth All-In-One Corporate Wellness Platform

SOCIAL
19 MESSAGES
18 BUDDIES

ASSESSMENT — BMI

24.9 **Healthy** | 28.4 **Obesity range**

RISK OF CARDIOVASCULAR DISEASE (CVD) IN THE NEXT 10 YEARS

3% **Healthy** | 6% **Obesity range**

AFRICA BMI
24.9 **RISK OF CVD**
10%

Creative Designs

TAKE THE SLEEP YOUR WAY TO THE TOP CHALLENGE

+ CHALLENGE DESCRIPTION

TRACKERS

Enter a minimum of 7 hours last night	100%	Beginner Exercise	100%
Getting 60-90 minutes of cardio 3x per week	100%	Reduce sodium to 1,500 mg per day	100%
Attend 10 minutes of live coaching	100%	Attend 10 minutes of live coaching	100%
Attend 10 minutes of live coaching	100%	Turn off TV/computer at least 1 hour before bedtime	100%

Premier Challenges

Access Your Health

Make New Connections

Get Rewarded

Expand Your Mind

Challenge Yourself

Fully Integrated Platform

PERSONALIZATION AND GAMIFICATION

LEARN MORE ABOUT COMMON RISK FACTORS

The following data has been compiled based on your answers to our health risk survey. This is your source for accurate and relevant health information that has been personalized for your needs. This information will help you understand how everyday health habits and your family history could impact your health in the future.

- CHOLESTEROL
- BLOOD PRESSURE
- WEIGHT
- WAIST

Your Waist is (Inches): 41

Your waist circumference is high. A waist size 88 cm (35 inches) or higher for a female or 102 cm (40 inches) or higher for a male carries a higher risk of type 2 diabetes, coronary heart disease and hypertension.

Tips for Reducing Weight:

- Get physically active for at least 30 minutes daily (see the Exercise section for more details)
- Eat healthy foods (see the Eating section for more details)
- Get support from family and friends
- Talk with your health care provider

- EXERCISE
- EATING
- SMOKING
- ALCOHOL
- WORK/LIFE BALANCE

Assessments, Surveys and Questionnaires

Your Logo Here

1 Coach to help you reach reach your goals

1 Buddies to keep you connected

1 Messages traded with your health buddies

Social and Slick

HEALTHY EATING

This 2 session program focuses on helping you to improve your eating habits.

Each session includes several tasks to complete as well as 15 minute one-on-one call with your coach.

IF YOU KEEP GOOD FOOD IN YOUR FRIDGE, YOU WILL EAT GOOD FOOD
Erick McAdams

Pick Your Appointment Time
Session 1 / Coaching Call (Coach Betty)

SESSION 1

Please complete the following tasks prior to your coaching call:

- HEALTHY EATING ACTION PLAN
- START YOUR DAY WITH A HEALTHY BREAKFAST
- HEALTHY EATING - QUIZ #1

Configurable Coaching

The **CoreHealth Wellness Network**

gives you more options to provide the best wellness programs

- Choose best-in-class tools for mindfulness, incentive fulfilment, self-directed coaching programs, wellness services, resource libraries, validated HRAs and much more.
- Access a huge content library.
- Implement apps, devices and more with seamless integration to the platform.
- Add your own wellness innovations to the Network.

Create unique differentiators
and beat your competitors

Who Uses the CoreHealth Corporate Wellness Platform?

Leading corporate wellness companies around the world choose CoreHealth for health technology to power their corporate health and wellness programs.

- Corporate wellness companies
- Insurers and their wellness divisions
- Health coaching companies
- Employee assistance providers
- Group benefits brokers
- Human resources consulting firms

For small to medium-sized businesses to global Fortune 500 companies, the CoreHealth corporate wellness platform helps you create your own success.

Your ideas and innovations are safe with CoreHealth – Your Wellness Technology Partner

Ready for a demo?
Contact Us Today