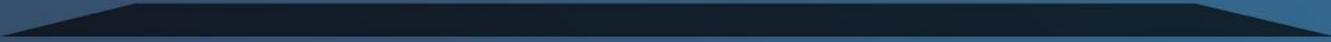


**Residency
Personal
Statement
Examples
2018**



Internal Medicine Personal Statement Sample

I'm drafting this short note expressing my sincere interest in applying for the Internal medicine practice residency at your institution. It takes a substantial drive, passion and devotion to rise above challenges that crop when one is trying to make to the right career. During my bachelor studies in internal medicine, I learned a lot through my failures. A famous author , Og Mandino , connoted that , "Failure will never overtake me if my determination to succeed is strong enough." This quote over the years formed the core of my zeal to keep striving despite the looming challenges in this career path. For me, there is an ideal circumstance that influenced my ultimate view towards my life as an internal medicine specialist, great compassion gained from a lifetime of personal experiences. Your residency program offers a diversified experiences that I crave for including community outreach, teaching , research ,a wide variety of rotations and a provocative yet supportive environment to sharpen my skills in internal medicine. I powerfully believe that I have the qualities and and skills to be a successful resident at your program: a balance of internal medicine and clinical practice, leadership, research and service. In addition to hard work, education and personal interest, I'm strongly drawn to computer skills, Personnel management and Strong statistical analysis. It is crystal clear that experience is the best teacher. My excellence in both academic and professional experiences contributed tremendously towards my interest in pursuing a internal medicine specialty. While pursuing my undergraduate program, I was an above average student as I specialized in internal medicine . Beyond elements of education, practice and policy, my passion for this career elevated when I was diagnosed for various food allergies. It dawned on me that my temperament for this career was glistening when I was recognized as an all-rounded individual after actively being a member of the United States Medical Licensing Exam (USMLE) .Such remarkable experiences developed strong initiative foundations on internal medicine that I would use in future.

As you can identify from my credentials, my experience includes a solid background in internal medicine in different universities with a wide range of diversified experience in event staffing, data cleaning & management, leadership and active sportsman. from these experiences I gained significant understanding of best internal medicine practices, working effectively on interdisciplinary teams and providing exceptional care for a diverse patient population. As a resident in your organization, my primary goal will be advancing my internal medicine skills in different clinical setting to provide optimal patient care. Your organization offers a variety of rotation opportunities along with a strong faculty mentorship provides a balance support and autonomy I seek. After my resident training, my ultimate plan is to pursue a specialized training . My current areas of interest include Population-level preventative health studies, Population-level health surveillance, Emergency logistics: pre-hospital response and Biomechanics of sport injuries and traumatic injuries among others.



Letter of Intent Sample

I have always dreamt of becoming a reputable pharmacist since my teenage. Anything revolving around this career has been a center of my admiration. I love this career choice, and truly it has chosen me too. I'm drafting this document to express my sincere motives in applying for a Ph.D. pharmacy practice residency at your University. I have had a complete pleasure to leaf through your brochures, newspapers, and other online sources the quality residency you render in your organization, and I'm entirely moved. I have come to realize that your program offers complete experiences that I'm looking for including diverse teaching, research, rotations and a supportive yet challenging environment to sharpen my knowledge as a professional clinical Pharmacist. As a graduate of the Bachelor of Pharmacy Program at Dharamsindh Desai University, the Pharmacy Prerequisite program at Hudson Community College and the Doctor of Pharmacy program at Nova Southeastern University, I have been molded perfectly to a first-class international leader, exemplary figure and a highly competent clinical pharmacist. While in these global top-rated learning centers, I specialized in Hospital & Retail Pharmacy, Inventory control, Regulatory Compliance & Records and HIPAA Standards/ QA/QC among others. Sincerely speaking, I was deeply fascinated by the challenging nature of studies offered in these Collages as I techniques on handling complex clinical circumstances.

I firmly trust that I encompass supreme qualities and skills to be a prosperous resident at your beautiful program: a perfect balance of service, leadership, research, clinical practice and pharmacy. Reflecting from my CV, my indisputable experience includes a substantial background in hospital pharmacy at Cleveland Clinic, Buford Road Pharmacy among others along with a broad range of ambulatory, acute care and traditional pharmacy setting throughout India and USA. From these experiences, I derived outstanding knowledge on how to work effectively with interdisciplinary groups, providing excellent care for all patient demography and best clinical practices. As a professional pharmacy resident, my ultimate plan is to magnify my critical thinking capabilities in various clinical situations and multiply my clinical knowledge to provide optimal patient care.

My ultimate career aim is to practice devotedly in a 5-star Clinical Pharmacy firm affiliated with a school of pharmacy that combines both experiential teaching and didactic research. This career goal has confidently been stamped through various achievements such as medical publications such as The American Society of Health-System Pharmacists, invitations to present at several competitions, health centers, and even the 125th Florida Pharmacy Association Annual Meeting and Convention.

Furthermore, I participated actively in clinical research. My research under Dr. Paula Giron at Nova Southeastern College of Pharmacy is an assessment of the efficiency of Clinical Pharmacist to produce error-free data in critical situations like HIV analysis and population tracking. I plan to continue with this research morale and effectively use my expertise to conduct a publishable and successful residency project. My devotion to service has been manifested through various license & certifications and awards I have won from internationally recognized events like Clinical Carnival Festival Program Quiz Competition.

Eventually, the Residency program from your organization will offer the chance to advance my clinical expertise, research, leadership skills and critical skills required to accomplish my goal of becoming an all-rounded pharmacist who has explicable skills to support colleagues and care for patients.

I look forward to meeting you and exploring this exciting opportunity in my life.



Pediatrics Residency Personal Statement Sample

Unlike many people who have completed medical school, I did not know from a young age that I wanted to be a physician. As one of those people with a natural zest for life and desire to truly impact the lives of those around me, I knew I wanted to do something to serve others. However, it wasn't until the age of 25 that I realized medicine would give me the opportunity to serve others, work with the resilience of the human body, teach, lead, and advocate for children who need a strong guide and role model.

When I began my undergraduate studies, I knew I enjoyed math and science and decided to major in chemical engineering. It did not take long for me to realize that engineering was not the right profession for me. Therefore, I decided to choose a major that would allow me to focus more on diversity and helping others, and I studied socio-cultural anthropology where I graduated with honors. At the time, I was working part-time as a personal trainer and loved it so much that I decided to begin doing it full-time. It didn't take me long to realize that I ultimately wanted to work in the field of health and wellness, much like I watched my father do as a physical therapist. Thus, I decided to apply to medical school in the Caribbean. This transitional point in my life was a huge blessing. Not only did I find my true calling in medicine, I also learned many life skills, became even more culturally aware and gained the experiences necessary to determine that my ultimate goal was to work as a Pediatrician.

When determining the area of medicine I wanted to focus on, I recalled working with Dr. Yellow who is a Pediatrician. She had a natural ability to bond with and educate children on their level, and it was truly motivating and inspiring to witness. She also spent adequate time working with the parents, gaining the knowledge and trust necessary to make proper decisions regarding care, and teach parents how to properly advocate for their children. She emphasized prevention and the importance of teaching children to live a healthy lifestyle and make good decisions from an early age. While working with her, I continued to learn, and I saw the Pediatrician I was striving to become.

I have always loved educating youth, and have been teaching Indian cultural dance, as well as tap and ballet, for several years. I began dancing at the young age of 6 years and was recognized as a graduate of the dance program at 14 years old, after having done an intricate 3-hour solo performance with a live orchestra. At that time, I became eligible to teach, and have been doing so ever since. My determination, perseverance, love of fitness and movement, desire to learn and strong work ethic allowed me to accomplish this huge goal at a much younger age than most dance students. Additionally, I had the great privilege of working as a USMLE tutor after passing my exams on the first attempt, with excellent marks. In fact, I was actually hired by a local tutoring agency to help other students, which also helped me to solidify my knowledge base. I truly believe that one of the best ways to learn is to teach, and I look forward to imparting this knowledge on my young patients and their parents as a Pediatrician. I have always had the natural ability to take on leadership roles and connect with people. I am confident that I will carry these assets with me into your esteemed residency program.

I have always been one of those people who accomplish what they set their mind to do, and I am determined to serve the youngest of patients as a Pediatrician. With the desire to serve, I began volunteering for the Organization BLUE at the age of 19 where I spent many hours, and by the age of 21, I was elected to the Board of Directors. Here, I learned that it is possible to make a strong and impactful difference in society at a young age because I did just that. I look forward to helping my patients realize this potential, and guide them to making a positive impact on the world around them. My charisma, empathy, compassion, confidence, sense of humor, active listening skills, and ability to think outside the box will make me an asset to your program. I am able to easily connect with people of all ages, and in fact, was nicknamed the "baby whisperer" during my Pediatrics rotations in medical school. I cannot imagine doing anything else with my life and look forward to helping children forge forward with confidence by giving them the skills necessary in youth to develop good physical, spiritual, and mental health through education and a holistic and balanced approach to life.



Sample Letter of Recommendation for Medical Residency

My purpose in life has been shaped by where I lived and what I observed. During medical school, I witnessed huge health disparities through my exposure to both urban and rural settings. Many jobs were factory-based and employees were exposed to toxic chemicals and unhygienic working conditions. They lived in overcrowded communities with poor sanitation that led to the spread of infectious diseases. Seeing the effects of these diseases propelled me to become an active participant in my community. As such, I engrossed myself in understanding the relationship between the environment and the spread of communicable diseases. Through this process, I conducted interviews, visited homes, workplaces, and assisted in various medical camps. As my teammates and I united to address the community's health needs, it became apparent that the community knew very little about the basic principles behind the communicable disease. Thus, teaching them in a manner they could use to instruct others to become active agents of change became essential.

After medical school, I began a one-year Internship in New Delhi, India. Knowing five languages helped me communicate and connect with people from diverse cultures. I learned the importance of cultural competency in today's global community. It was during a Dengue outbreak in Delhi where I volunteered to set up the wards that would care for these patients. I felt most rewarded when a 6-year-old child, whom I had cared for while he suffered from Dengue complications, ran and hugged me after his speedy recovery! Since this experience, I dedicated myself to various health care activities, including volunteering for world polio vaccination camps, ophthalmology camps, and maternity and child health awareness programs. My association with Flying Doctors, an international medical organization, gave me the opportunity to work in a medical camp in Guatemala in 2015. It was a humbling experience when I was able to diagnose a 30-year-old patient with heart valve incompetence with RHF who presented as abdominal distention. I was able to get the organization to help him with the heart surgery.

After my immigration to the US, I did Externships and Observerships in several well-respected institutions. All these clinical experiences gave me insight into the US healthcare system. I was privileged to see innovative medical treatment techniques, the high scientific research standards, a diverse population, outstanding safety regulations and patient privacy.

I have been at Stanford Hospital since May 2015 as part of a healthcare team working closely with residents and attending physicians. It gave me an excellent foundation to train with residents in simulation labs. It has instilled in me an attitude of striving for excellence and providing the best care possible "one patient at a time."

My experiences have given me an awareness of how we do our work as doctors. In the US, Guatemala, Bangladesh, and India, I gained a unique perspective on basic problems in society and how they can have such devastating effects. Merely improving a country's sanitation practices would advance health outcomes immensely. I also strengthened my competency and comfort in multicultural interactions.

Research involving how to solve many of the basic problems I have described would be a gratifying pursuit for me. I also believe working as a Hospitalist would be a great use of my medical knowledge and skills. I am looking for a residency program with outstanding clinical training, academic and research opportunities, and immersed in a friendly teaching environment. My medical journey so far has been rewarding and upon completion of residency in Internal Medicine, I will be able to achieve my life's goal to serve humanity and make a difference in people's lives.

