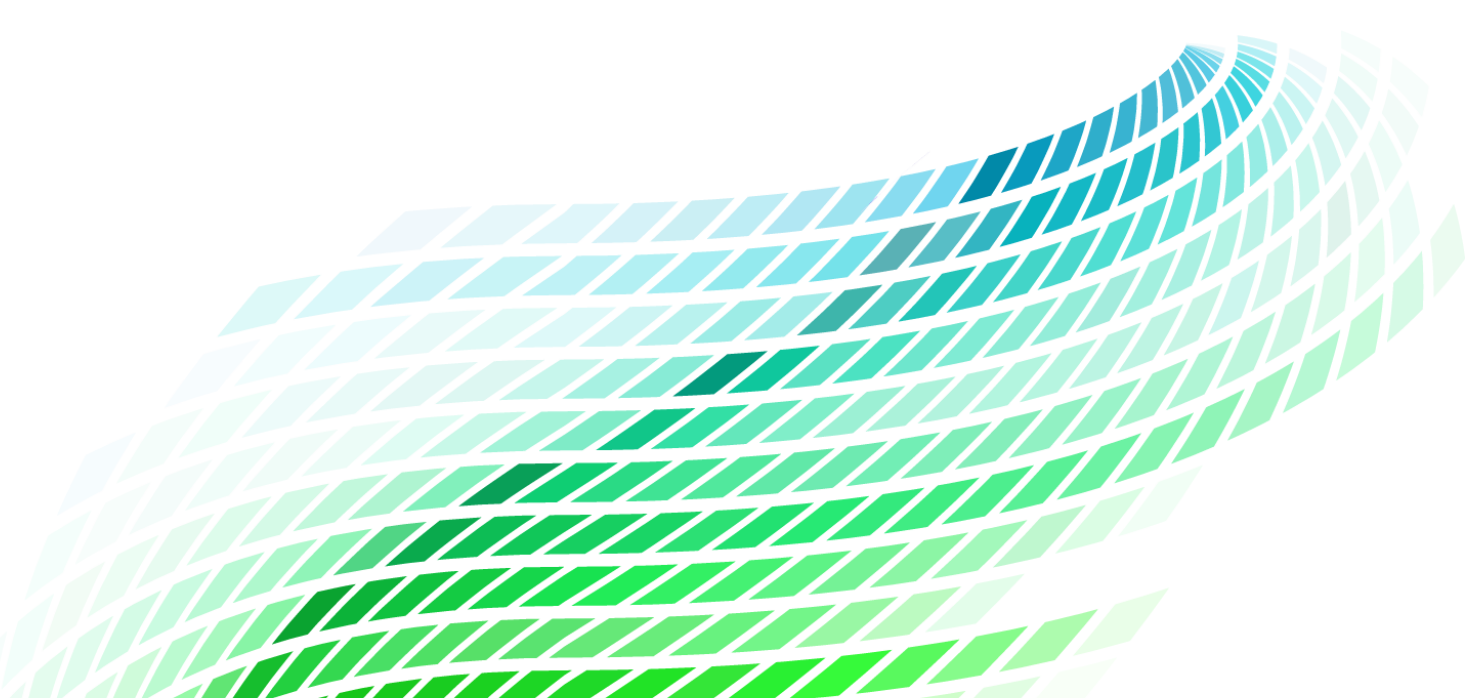


Your #1 Total Well-Being Technology Partner
Trusted by Global Providers to Maximize Health, Engagement & Productivity



Simple to sophisticated, based on you.

www.corehealth.global | 1.866.396.2673



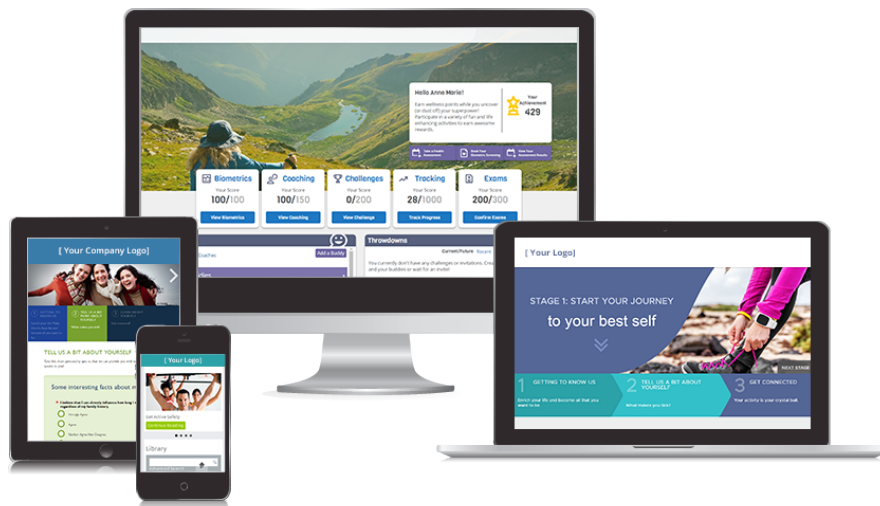
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Who We Are

Our company started because our Co-Founder suffered from an immune system disorder triggered by undiagnosed food allergies. As a software engineer, she wrote a program to track and analyze food ingredients to find a solution for her condition. This problem helped her realize there was a need for preventive health solutions to help people improve their overall well-being – and CoreHealth was born!

Inspire. Ignite. Revolutionize. Well-Being.

- CoreHealth is unique in the health and wellness space as our focus is our total well-being technology NOT wellness services.
- We are the technology powering wellness programs and services offered by global providers. We are YOUR *secret sauce*.
- We give companies the tools, flexibility and control to innovate and deliver programs YOUR way.
- We want to be YOUR technology partner - to give you a competitive advantage and help you grow.
- We're a tech company that doesn't like limits – neither should you.



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Who We Help

Our flexible, white-labeled, all-in-one platform powers health and wellness programs for:

- ✔ Corporate Wellness Companies
- ✔ Insurers and their Wellness Divisions
- ✔ Health Systems and their Wellness Divisions
- ✔ Disability and Absence Management Companies
- ✔ Health Coaching Companies
- ✔ Human Resources Consulting Firms
- ✔ Employee Assistance Providers
- ✔ Group Benefits Brokers

We even help employers by referring them to YOU, our customers - the wellness experts.

It's a win-win!

We Help You Grow

"One key-differentiator we saw in CoreHealth was their commitment to being a technology provider and not a program provider. As a program provider, you don't want to compete with your technology vendor for business. Not only do we not compete directly, but CoreHealth has been an excellent source of lead-generation and a valued partner in promoting our integrated care management solutions."

David Ennor
Program Director
HMC Healthworks

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Inspire. Ignite. Revolutionize. Well-Being.

Inspire Your Participants

Fun & Engaging

Engage participants with fun challenges, social tools, videos, coaching, incentives, leaderboards, gamification and more!

Speak Their Language

Adaptable for language, culture and geography. Global companies love our multilingual platform to enhance user experience!

Personalize & Tailor

Develop and promote programs and content by user risk, strategy and preferences using segmentation, incentives and optional psychographics.

Individual & Organizational Change

Assess employee engagement, total well-being and productivity using surveys, polls and tools to help you deliver relevant programs based on need.



Ignite Your Programs

Flexible & Adaptable

Customize our white-labeled platform for unique brands, companies and programs that are tailored by you with NO limits.

Ready-For-You Solutions

Implement our well-being challenges, assessments, digital behavior change programs and health tips to get started fast.

Innovate & Create

Design and deliver custom assessments, challenges, digital self-directed programs, video-based health coaching and content OR implement a third-party solution.

Integrated Marketplace

Pick and choose from the world's largest network of third-party, best-in-class health and well-being solutions that give you endless options. All accessible from ONE platform.



Secure & Protect

Trust our ISO 27001 certified security practices that meet the toughest global standards. From HIPAA, GDPR to PIPEDA, your data is safe with us.

Discover & Digest Smart Data

Report and analyze data from all corners of the platform so you can monitor performance and make intelligent decisions.

Integration Experts

Benefit from our extensive third-party integration experience to create a seamless user experience. Devices, Apps and solutions all accessible from ONE platform.

Mobile & Scalable

Access our portal from anywhere with our responsive website designs and MyWellApp with NO scalability limits.

Your Partner For Growth

Count on CoreHealth to help you grow your business with lead referrals, a promotional toolkit and sales support.

Revolutionize Your Business



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What We Do

Physical Activity Challenges



Cross Canada
From a lake ride along the scenic shores of P.E.I. to paddling the crystal clear waters in Banff National Park, or hiking to the top of the world in the Yukon, this cross-nation expedition has it all.



Lost City Ciudad Perdida Trek
Trek to the Lost City or Ciudad Perdida in the jungles of South America!



Around the World
Grab your compass and map and get ready for an epic journey around the world!



Mystery Fitness Challenge
Solve a mystery as you track your activity and take a virtual walk through London. Finding clues along the way.



Hollywood Walk to Fame



Amazing America



Race to Mount Olympus



Rock Your Way to Wellness

corehealth TECHNOLOGIES

Hello Anne Marie!
Earn wellness points while you uncover (or dust off) your superpower! Participate in a variety of fun and life enhancing activities to earn awesome rewards.

Your Achievement 429

Take a Health Assessment | Book Your Biometric Screening | View Your Assessment Results

Biometrics Your Score: 100/100 View Biometrics	Coaching Your Score: 100/150 View Coaching	Challenges Your Score: 0/200 View Challenge	Tracking Your Score: 28/1000 Track Progress	Exams Your Score: 200/300 Confirm Exams
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Personalization and Gamification

Challenges

STAGE 1: START YOUR JOURNEY

to wellness

Next stage >

- GETTING TO KNOW US**
Enrich your life! Make friends, have fun and become all you.
- GETTING TO KNOW YOU**
Just a few vital pieces of information to personalize your.
- TELL US A BIT MORE ABOUT YOURSELF**
What makes you tick?

Configurable Coaching

Attention
Explore ways to manage focus to boost productivity (and well-being). This self-paced program helps you focus on what matters most using basic mindfulness practices.

Belong
A strong social network can dramatically boost your health. This self-paced program helps you take simple steps to engage with others and strengthen relationships.

Calm
Wellbeing requires care for body, mind and spirit. Explore each pillar of overall health and see how you can maintain a calm energy and manage stress throughout your day.

Fuel
Take simple, do-able steps to boost nutrition and learn about healthy foods and vibrant living. This self-paced program educates and inspires to help you be accountable.

Giddy Up | **Head On** | **Save Up** | **The Last Puff**

Behavior Change Programs

YOUR PROGRESS

20% SOCIAL | 100% ACTIVATION | 20% LITERACY | 82% ENGAGEMENT

TODAY
Number of Steps: 9500
Minutes of Activity: 76

Access Your Health

Fully Integrated Platform

Your Logo Here

WELLNESS REWARDS

- 10 point(s) for adding a buddy | Points earned: 50
- 5 point(s) for each article rated | Points earned: 5
- 50 point(s) for completing the Health Assessment | Points earned: 50
- 15 point(s) for participating in a challenge | Points earned: 90

Total Points: 2,617

Incentive Tools

Available on the App Store | GET IT ON Google Play

LEARN MORE ABOUT COMMON RISK FACTORS

The following data has been compiled based on your answers to our health risk survey. This is your source for accurate and relevant health information that has been personalized for your needs. This information will help you understand how everyday health habits and your family history could impact your health in the future.

- CHOLESTEROL
- BLOOD PRESSURE
- WEIGHT
- WAST

Your Waist to (Inches): 41
Your waist circumference is high. A waist size 39 cm (15.3 inches) or higher for a female or 102 cm (40 inches) or higher for a male carries a higher risk of type 2 diabetes, coronary heart disease and hypertension.

Tips for Reducing Weight:

- Get physically active for at least 30 minutes daily (see the Exercise section for more details)
- Eat healthy foods (see the Eating section for more details)
- Get support from family and friends
- Talk with your health care provider

- EXERCISE
- EATING
- SMOKING
- ALCOHOL
- WORKLIFE BALANCE

Assessments, Surveys and Questionnaires

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Integrated Marketplace

Pick and choose from the world's largest network of third-party, best-in-class health and wellness vendors - all closely integrated with our corporate wellness platform. You get endless options to expand your preventive health programs and grow your wellness business.

Our diverse marketplace provides options for:

- Assessments
- Content
- Incentives
- Challenges
- Nutrition
- Analytics
- ... and beyond!

As integration experts, we'll work with you to provide a seamless end-user experience with unlimited configurations.

Don't find a solution you want?

Ask us to integrate with your preferred vendor!



... and many more!

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