



NAD TREATMENT CENTER

Innovators in Recovery & Wellness

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NAD Treatment Center Adds New Game-Changing Detoxification Solutions

San Diego— [NAD Treatment Center](#), the premier outpatient clinic in San Diego, California now offers the latest technology and treatment options for detoxification from chemical dependence. The clinic specializes in natural detoxification from chemical dependence through brain restoration therapy using intravenous NAD⁺. They recently added [The Bridge](#) and [VIVITROL](#) as treatment options for those struggling with addiction to alcohol, heroin and prescription opioids. With over 26 years of experience in addiction medicine, Phillip Milgram, M.D. serves as the Medical Director. He's been treating patients with NAD⁺ since 2014 and is a certified provider of the proprietary [NAD/BR⁺ protocol](#) developed and tested by the Springfield Wellness Center in Louisiana. He is only one of a select number of doctors in Southern California certified to use The Bridge device pioneered by Innovative Health Solutions. He teaches other doctors in this revolutionary combination of techniques that almost completely inhibits withdrawal symptoms.

“Not only am I a beneficiary of the NAD⁺ therapy offered by Dr. Milgram. I am so committed to the impact that his therapy can have on the brain and body that I have joined Dr. Milgram in building education and knowledge around the multiple applications of this extremely important treatment,” said Tom Ingoglia, former NAD⁺ patient, investor and President of The Center for Research on Addiction and Brain Health, Inc., “Whether you have chronic fatigue, an anxiety disorder, depression, chronic pain, Parkinson's, are dealing with addiction or are simply seeking an anti-aging solution, the combination of techniques offered by the NAD Treatment Center can make a life-altering impact.”

Addiction is a medical condition that alters the chemistry of the brain. Treatment of substance abuse disorders continues to challenge clinicians. The withdrawal symptoms and patient cravings for the abused substance are often impediments to sobriety. Restoring brain biochemistry is key to breaking the addiction. NAD⁺ helps to diminish the effects of detoxification and restores brain function to support ongoing treatment and aftercare and reduces cravings almost immediately.

“I've been practicing addiction medicine since 1990 and have treated more than 1,000 detox patients,” says Dr. Phillip Milgram, Medical Director. “NAD⁺ is a game-changer. Following treatment, patients generally report a reduction in cravings, increased energy, stabilized moods and restored clarity of mind. The addition of The Bridge, VIVITROL and my unique approach to counseling give us the ability to help patients achieve a life-long recovery. We are changing people's lives, from hopelessness to clarity of



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mind, and offer true recovery in less than two weeks, with an absolutely safe outpatient therapy.”

NAD⁺ (Nicotinamide Adenine Dinucleotide) is a simple metabolic coenzyme of Niacin, a B Vitamin that is involved in energy production for every mitochondria within our bodies. Research has shown that people afflicted with addiction, alcoholism, stress and depression, have an NAD⁺ deficiency. The treatment replenishes the supply of neurotransmitters and promotes healthy brain function. It is based completely on nutrients that are found naturally within a healthy body.

The Bridge is an FDA cleared device that helps target the pain and discomfort patients can experience during withdrawal from opioids. The device fits behind the ear and sends electrical feedback to the brain, blocking the pain of detox, AND the FEAR OF THE PAIN of detox.

VIVITROL is the first non-addictive drug approved by the FDA to prevent opioid use following detox. It is an injectable that is taken once a month and blocks the pleasure feelings associated with opioid or alcohol use and does not produce a “high”. While counseling addresses the psychological aspect of addiction, VIVITROL works on the physical by blocking any euphoria usually associated with opioid or alcohol use. This combination is proven to be an effective treatment.

NAD Treatment Center is located at 4080 Centre Street Drive, Suite #105 San Diego, CA 92103. It is an outpatient facility and all patients are supervised by medical professionals throughout their treatment. Treatment for detox is typically 10 days, but Dr. Milgram and his team customize a plan for each patient during their assessment. NAD/BR⁺ protocols can also benefit those who are not addicted but need to replenish nutrients and restore functioning to a brain depleted by medications, stress, chronic illness, anxiety and depression. For additional information, call (844) 623-7587 [(844)-NAD-PLUS] or visit us online at NADTreatmentCenter.com.

About NAD Treatment Center

Located in San Diego, NAD Treatment Center is a clinic that specializes in natural detoxification from chemical dependence through brain restoration therapy using intravenous NAD⁺. We offer the best chance for recovery to those suffering from addiction to opiates, alcohol, amphetamines, and other substances. Using NAD⁺ in combination with the latest technology and alternative therapies, we customize recovery programs for each individual. Our treatment program is unique because we minimize the amount of medication people have to take and restore their brain on a cellular level. For additional information, call (844) 623-7587 or visit us online at NADTreatmentCenter.com.

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